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Volume 3, Issue 3

The Community Initiative

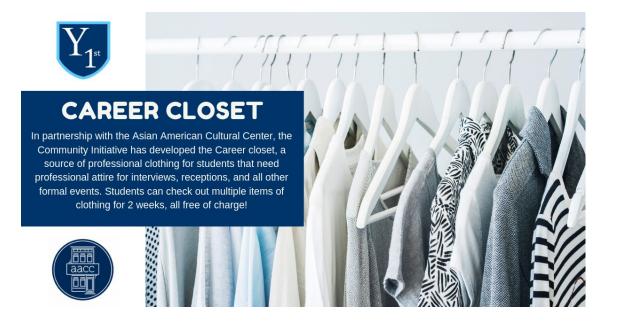
EMPOWERING FIRST-GENERATION LOW-INCOME STUDENTS AT YALE



Happy End of Shopping Period!

Whether it's your first or one of your last shopping periods, congratulations on making it through! Don't forget to check when your schedules are due to save your coin but if you have any last-minute concerns about your schedules - feel free to contact any of our ambassadors!

Once again, if you have any questions regarding the Community Initiative and its various resources and initiatives, please reach out to fgli@yale.edu or to jorge.anaya@yale.edu. Good luck with classes!



The Career Closet is officially up and running for the Fall semester. Please check out or <u>Men's inventory</u> and our <u>Women's inventory</u>, and submit a request <u>here</u>!



Career Closet Clothes Giveaway

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Please join the Community Initiative and the AACC in our first clothes giveaway! Pick out from a large assortment of business clothes donated by Yale Alumni. All clothes and accessories showcased are free!

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Tuesday, Sept. 10th, 3-5pm @ the AACC









THE COMMUNITY DINNER

Thank you for coming!

Over 125 students were present at our Fall Community Dinner!

Visit Our Website!

Go to <u>fgli.yalecollege.yale.edu</u> to acess key resources for all FGLI students, including:

 A financial guide with advice on understanding your financial aid, approaching student jobs, and saving money.

- An **introduction** to our team of student ambassadors and administration.
- A **list** of academic and financial resources you can apply to.

Upcoming Events

TODAY Sept. 6th: Faculty-Student Mixer (5:30pm-7:00pm) @ La Casa Cultural, 301 Crown St.
Monday, Sept. 9th: Fresh Start Academic Workshop (6:00pm-7:00pm) @ Poorvu Center for Teaching and Learning, M104A, register here
Tuesday Sept. 10th: Career Closet Clothes Giveaway (3:00-5:00pm) @ the parking lot of the AACC
Tuesday Sept. 10th: FSY Reunion (7:00pm-9:00pm) @ Rosenfeld Hall, 109 Grove Street
Monday, Sept. 9th: Reading Effectively for STEM Academic Workshop (7:30pm-8:30pm) @ Poorvu Center for Teaching and Learning, M104A, register here
Thursday, Sept. 12th: Meet & Greet with your Health Coach (5:00pm-7:00pm) @ The
Good Life Center (Byers 417)
Thursday, Sept. 12th: RITM and ER&M Meet and Greet Reception (4:00pm-5:30pm)
@ RITM Center, 35 Broadway
Saturday, Sept. 14th: Latinx Retreat (All-Day) @ La Casa Cultural, 301 Crown St.

FSY '19 & '18 Input on Banner Student Experience Project

If you are part of the First-Year Scholars cohorts of 2019 and 2018, please consider



becoming a part of the Banner Student Experience. Below is a message from the Yale University Information Technology Services:

Reimagine the New Student Portal with Us

Evenings of September 17, 18, and 25 from 5pm – 7:30pm at 109 Grove Street in Rosenfeld Hall (entrance on Temple Street)

Want to win Apple AirPods or receive an Amazon gift card? Want to help redesign how graduate students use the Student Information Systems (SIS) at Yale?

The University Registrar Office invites you to join a project advisory committee and provide input on a newly designed hub for student services. By attending three design workshops on the evenings of 9/17, 9/18, 9/25, where dinner will be provided, you will receive a \$25 Amazon gift card and entry into a raffle for a chance to win a pair of Apple AirPods. You are also invited to attend a small number of advisory committee meetings throughout the academic year.

Sign up here http://usability.yale.edu/be-heard to participate

We know that the beginning of the semester is busy for all of us, and we value your time and input. With your help, we can help make these systems more intuitive and useful for all students. We thank you in advance for your willingness to help us in this effort.

CAREER SPEAKER SERIES



1stGen Yale will launch their Career Speaker Series (CSS) this Fall, designed to complement student life initiatives by filling a need for career guidance geared specifically for FGLI students. CSS will help undergraduate students explore careers, find internships and land jobs that match their interests and skills. First-Gen alumni will serve as panelists, speakers, and informal coaches to students as they pursue their career interests.

If you are interested in the Career Speaker Series, please fill out this <u>survey</u> to maximize the greatest benefits to students!

Opportunities

<u>STARS I</u> (STEM academic mentorship): Application is open to all first-years and is due by Monday, September 9th at 11:30pm. <u>STARS II</u>: Application is open to juniors and seniors and is due by Wednesday, September 25th at 11:30pm

Want to get a head start to your semester? Check out the resources available through the Poorvu Center's <u>Academic Strategies Program</u>! This program helps you identify and practice the approaches and techniques that will help you gain ownership and satisfaction in your academic work at Yale. Their resources include:

- 1-1 Mentoring: De-mystify Yale's hidden curriculum! Meet with a junior or senior peer to discuss how to organize your schedule, study for exams, talk with faculty, and anything else that poses a challenge in Yalies' academic lives. Our online schedule goes live on Sept. 16th; if you'd like to schedule a meeting please email academicstrategies@yale.edu.
 Workshops: Last year, over 600 seats were filled in the Academic Strategies Workshops. Join them in their interactive discussions on "Time Management," "Managing a Heavy Reading Load," "Pathways for First Years," and "Creating a Timeline for Your Senior Project." Workshops are held multiple times over the course of the semester, and new workshops are added weekly. See the Academic Strategies Calendar for more information. the Academic Strategies Calendar for more information.

Questions? Contact Dr. Karin Gosselink, ASP Director: karin.gosselink@yale.edu

Calling all officers and members of student organizations! Help Yale students of the future understand and study your organization's role in college life. The Library is hosting a workshop on **Archiving Your Student Organization's Records**. The workshop will give an overview on best practices in selecting and preserving records of enduring historical value, and will cover steps for preparing materials for potential transfer and storage with University Archives. Enrollment is limited to 20 students per session.

Tuesday, September 10th, 2019, 5-6pm, SML Lecture Hall

Wednesday, September 11th, 2019, 5-6pm, SML Lecture Hall

Monday, October 28th, 2019, 5-6pm SML Lecture Hall

RSVP for one of these dates at https://forms.gle/hjAfCZ2iCZb2M8gQA

<u>Tip of the Week</u>

The end of Shopping Period marks the official start of the semester, which means psets, projects, and papers could begin to pile up already. Because the amount of work can feel overwhelming even at this point of the semester, it is important to prioritize your mental health and well being! Below are a series of tips to help you

with self care:

- The Good Life Center: Located on the fourth floor of Silliman College, the GLC is a perfect place to relax and get away from the stress of social and academic life. They have regular programming ranging from meditation to onsite health coaches that are available to all students. Find additional information on their website!
- Peer Wellness Champions: These are undergraduates who are dedicated to guiding you towards a healthy life at Yale. They host small events throughout the year and are available one-on-one as needed. Find out more information here!
- Yale Mental Health: All students under the basic health plan have access to counseling services. To set up an appointment, call 203-432-0290.
 - Pro-Tip: If you're having trouble whatsoever, feel free to contact any of the ambassadors to walk you through setting up appointments or contact your Dean/Head of College as necessary.

Inspirational Quote

"Caring for myself is not self-indulgence, it is self-preservation, and that is an act of political warfare," - Audre Lorde.



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Our mailing address is:

Yale College Dean's Office

55 Whitney Ave., 2nd Floor New Haven, CT 06520

Poorvu Center for Teaching and Learning

301 York Street New Haven, CT 06511