First-Generation Low-Income at Yale

What INSPIRES you?
Who MOTIVATES you?
The successful first-gen low income students who came before me
First-Generation Low-Income at Yale

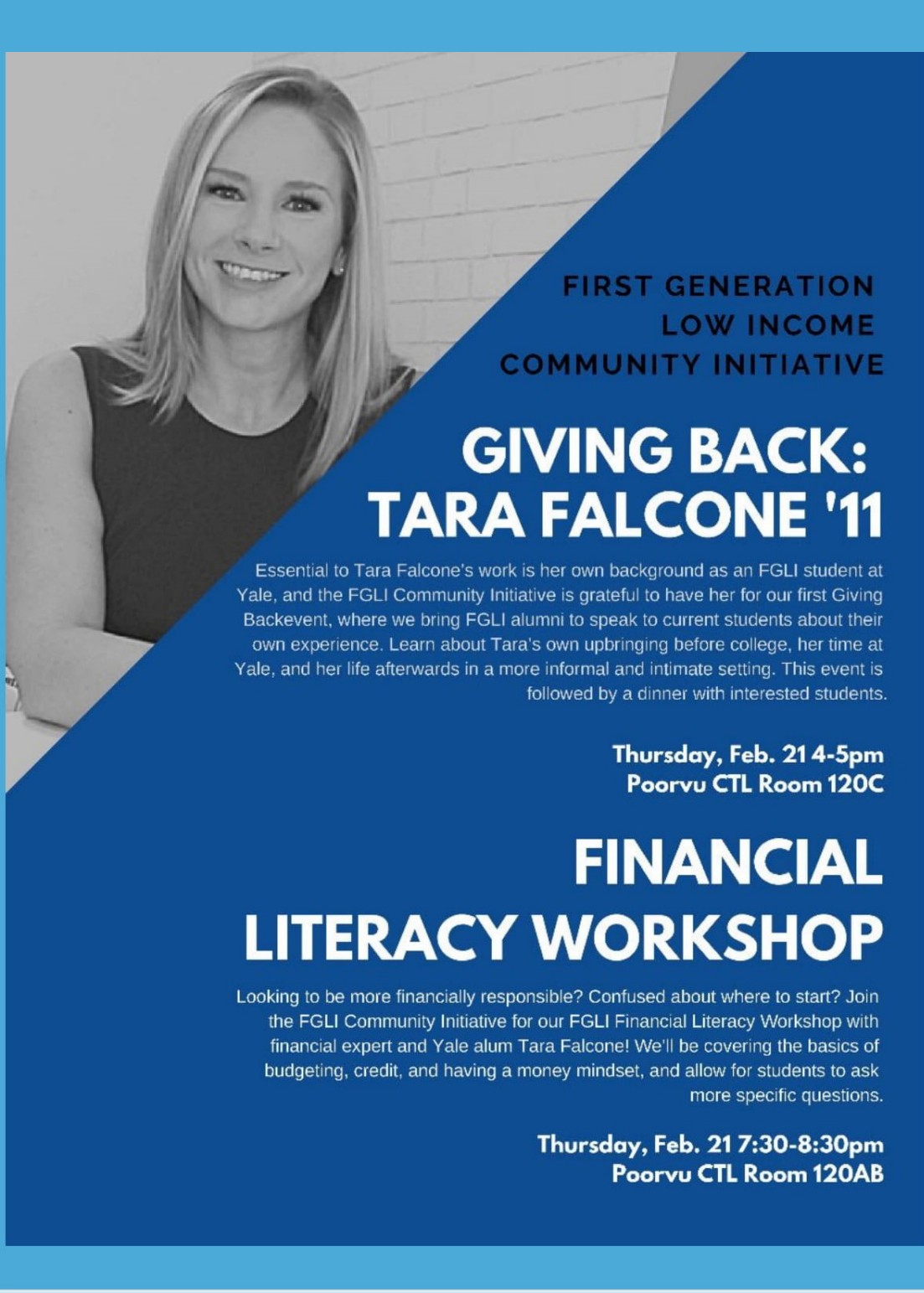
February 4th, 2019 Vol. 1, Issue 19

FGLI Faculty & Staff + Pre-Med Event!

FGLI friends, we hope you are all staying warm as the semester starts to settle into its typical routine and the weather into its typical chilliness (*brrr!*). Whether it's through providing a space to study (**with free hot chocolate and donuts!**) or getting to know our friendly Ambassadors, the Community Initiative team hopes to provide some of that social warmth that can make the difference between feeling alone and remembering you have a community ready to support you.

This week we are beginning to dive into the bulk of our programming for the semester, starting with today's FGLI Faculty & Staff event featuring Saybrook's Dean Lafargue and Head of College Near! We continue with our To Pre-Med or Not to Pre-Med event this Thursday, where we invite you to bring all question and concerns pre-med related to our panel of seniors in varying stages of pre-med.

Lastly, mark your calendars for Tara Falcone's (MC '11) visit on Thursday, February 21st, when she will share about her own experiences as an FGLI student at Yale a decade ago, as well as give us expert tips on developing financial literacy. **You won't want to miss this!**



FIRST GENERATION
LOW INCOME
COMMUNITY INITIATIVE

GIVING BACK:
TARA FALCONE '11

Essential to Tara Falcone's work is her own background as an FGLI student at Yale, and the FGLI Community Initiative is grateful to have her for our first Giving Backevent, where we bring FGLI alumni to speak to current students about their own experience. Learn about Tara's own upbringing before college, her time at Yale, and her life afterwards in a more informal and intimate setting. This event is followed by a dinner with interested students.

Thursday, Feb. 21 4-5pm
Poorvu CTL Room 120C

FINANCIAL
LITERACY WORKSHOP

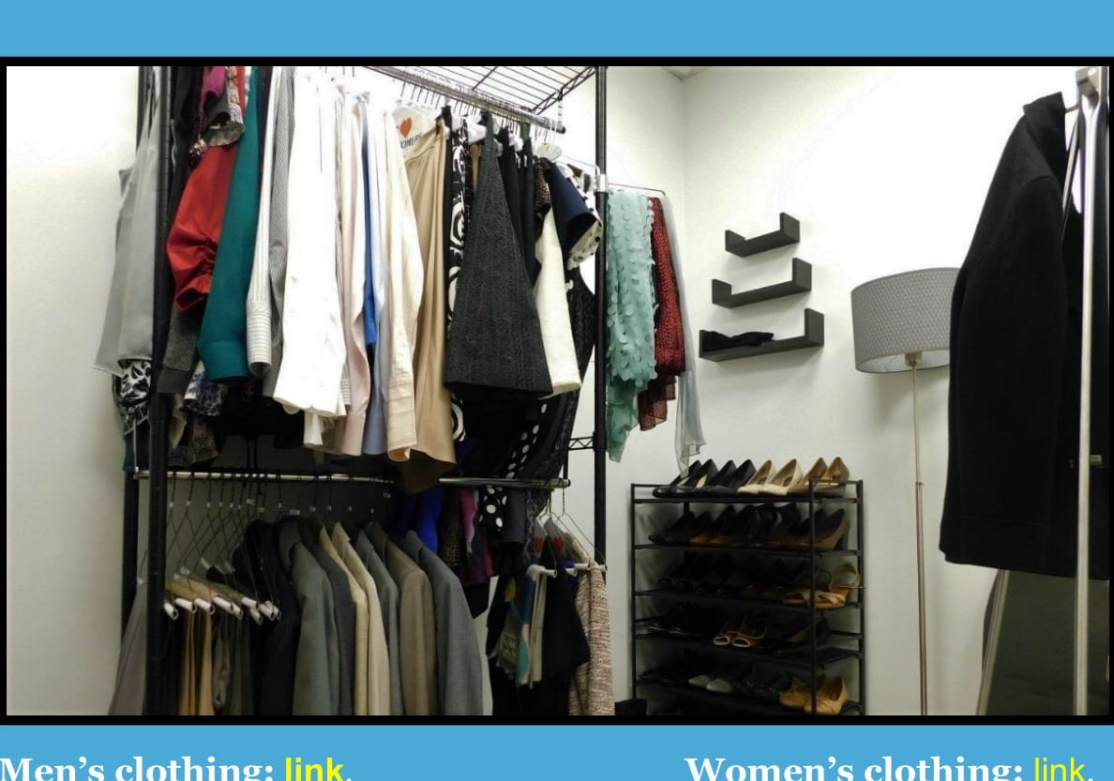
Looking to be more financially responsible? Confused about where to start? Join the FGLI Community Initiative for our FGLI Financial Literacy Workshop with financial expert and Yale alum Tara Falcone! We'll be covering the basics of budgeting, credit, and having a money mindset, and allow for students to ask more specific questions.

Thursday, Feb. 21 7:30-8:30pm
Poorvu CTL Room 120AB

The FGLI Career Closet

Have an interview for an internship or job coming up? Trying to impress potential employers at a networking event?

We are happy to announce the inaugural launch of the Yale University Career Closet! In partnership with the Yale College Dean's Office, the Asian American Cultural Center at Yale (AACC) has developed the Career Closet as a source of professional clothing for students that need attire for interviews, receptions, and all other formal events. Preview our available inventory (which includes shirts, blouses, pants, suits, dresses, shoes, ties, and more) by following one of the following links. (Note: Clothing is organized based on their traditional categories for a simpler searching process; interested students are free to borrow from any and all of our available options.)



Men's clothing: link. **Women's clothing:** link.

For those interested in borrowing clothing from the Career Closet, please fill out the following Career Closet Request Form to set an appointment with José Yobani.

A special thank you to our alumni donors, notably Lise Chapman and 1stGenYale for donating much of our inventory. We will be updating the inventory as we keep track of more recent items.

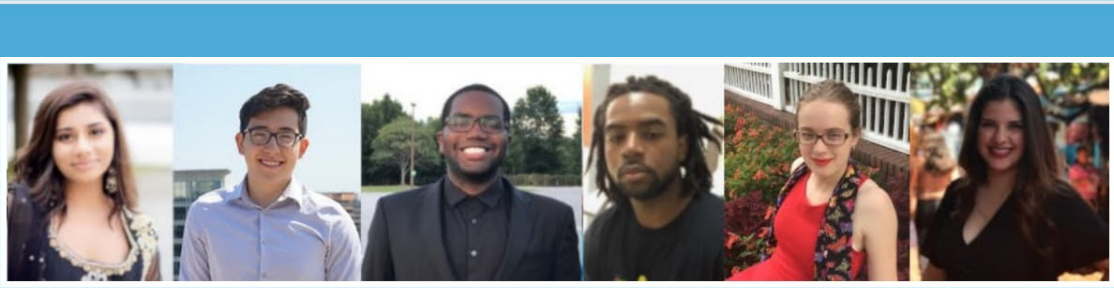
Email jose.lopez@yale.edu or sheraz.iqbal@yale.edu for more information.

Career Closet Request Form

Safety Y Net
UNEXPECTED FINANCIAL HARDSHIP SUPPORT | YALE COLLEGE

Safety Net is a new tool for you all to request funds to meet unexpected financial need. Students in an emergency and who require immediate funding (within 24 hours) can also find guidance on how to seek help. Funds granted through SafetyNet could cover unexpected expenses like emergency medical procedures, travel for family emergencies, unanticipated academic expenses, etc.

In addition, you can request Winter Clothing Grants if you are from an area that typically does not get heavy snow or low temperatures. Winter clothes can be expensive. Apply for the grant, and if approved, come see one of our ambassadors to get some guidance on what to by to stay warm!



Student Ambassador Office Hours

Do you need help picking a club to join, homework help, or just want to spill tea? Our Student Ambassadors will be holding office hours throughout the week at various locations around campus, prepared with snacks and drinks. Visit/Contact Us!

Samantha Wood - Thursdays from 7:30-9:30PM @ Blue State on York
samantha.wood@yale.edu
Jaster Francis - Wednesdays from 7-9PM @ Bass L-30D
jaster.francis@yale.edu
Markus Reneau - Thursdays from 1-3PM @ Bass Café
markus.reneau@yale.edu
Henry Rosas - Thursdays from 6:30-8:30PM @ Book Trader
henry.rosasibarra@yale.edu
Diana López - Fridays from 9-11AM @ JoJo's Coffee
diana.lopez@yale.edu
Fatima Chughtai - Tuesdays from 9PM-11PM @ Donut Crazy
fatima.chughtai@yale.edu

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the First-Generation Low-Income at Yale website

We are happy to announce the launch of the FGLI Yale College website! Go to **fgli.yalecollege.yale.edu** to access key resources for FGLI students of all ages.

Some of the resources include:

- A **financial guide** with advice on understanding your aid, approaching student jobs, and saving money
- **Services** planned for the future (e.g. Community Dinners during break, Career Closet, etc.)
- **Centralized career & academic-related resources** - including diversity-seeking opportunities made with FGLI students in mind
- Information on **planned programming** (discussion and workshop series) and **student groups** for students seeking to get involved

Visit the Website

Academic Strategies

The first few weeks of class are a great time to meet with our Academic Strategies Peer Mentors. During your 1-1 session, you can:

Academic Strategies Program

- Create a weekly schedule to help manage your time and get things done
- Set academic and professional goals and identify ways to meet them
- Identify challenges and develop strategies to enhance your approach to your academic work

Sign up for an appointment via our online scheduler.

Succeeding in Seminars & Lectures

Monday, February 4, 4:00 PM, Poorvu Center Room M104A

Learn strategies for effective note-taking, classroom participation, and exam and assignment preparation for seminars & lectures.

Creating a Timeline for Your Senior Thesis

Monday, February 4, 6:00 PM, Poorvu Center Room M104A
Monday, February 11, 7:30 PM, Poorvu Center Room M104A

Learn how to plan your writing and research, and how to access support resources for your senior thesis. (For full-year and 1-semester senior thesis writers, and juniors planning for the following year.)

Fresh Start

Monday, February 4, 7:30 PM, Poorvu Center Room M104A

Want to refresh your approaches to your academic work? Our mentors will lead you through a series of activities to help you identify your current strengths and develop new strategies for meeting the new challenges presented by your current semester's courses.

Exam Study Strategies

Tuesday, February 5, 4:00 PM, Poorvu Center Room M104A

Reduce exam stress by learning new strategies for preparing and studying for midterms and finals. This workshop offers suggestions for preparing for and taking problem-based, short answer, and essay exams.

Time Management

Tuesday, February 5, 6:00 PM, Poorvu Center Room M104A
Monday, February 11, 6:00 PM, Poorvu Center Room M104A

Set priorities and develop a weekly schedule that can lead to an active and balanced academic life.

Pathways for Sophomores

Tuesday, February 5, 7:30 PM, Poorvu Center Room M104A
Wednesday, February 13, 7:30 PM, Poorvu Center Room M104A

Sophomore year offers new challenges, including increased course loads, upper-level classes, and identifying a major. This interactive workshop helps students set goals and make long-term plans for the year.

Managing a Heavy Reading Load

Wednesday, February 6, 4:00 PM, Poorvu Center Room M104A

Feeling overwhelmed by piles of reading? Learn some essential strategies to make the most of your limited reading time. Have less stress and create more free time!

Procrastination: How to Work Through It

Wednesday, February 6, 6:00 PM, Poorvu Center Room M104A
Tuesday, February 12, 6:00 PM, Poorvu Center Room M104A

Everyone procrastinates—but how do you keep your procrastination to a minimum, especially at times of high stress? This workshop helps you identify what triggers procrastination and suggests approaches that can help you work through it and re-engage with your assignments.

Pathways for First-Years

Wednesday, February 6, 7:30 PM, Poorvu Center Room M104A
Tuesday, February 12, 7:30 PM, Poorvu Center, Room M104A

First years get a lot of advice from a wide variety of sources. But what do you really want to get out of your first year? This interactive workshop helps students identify goals and sources of satisfaction, and offers strategies for avoiding common pitfalls like overextension and burn out.

Cultivating Faculty Mentors/Recommendations

Thursday, February 7, 6:00 PM, Poorvu Center Room M104A

Initiate conversations, ask for assistance, request recommendations, and build mentoring relationships with Yale faculty, teaching fellows and staff.

Public Speaking for Undergraduate Courses

Wednesday, February 13, 6:00 PM, Poorvu Center Room M104A

Professors are increasingly asking students to engage in public speaking, from leading class discussion to more formal presentations. This workshop suggests preparation and performance strategies to help you do your best.

Writing Emails, Presentations, and Reports: Undergraduate Academic and Professional Communication

Thursday, February 14, 4:00 PM, Poorvu Center Room M104A

Learn strategies for writing for professional and formal academic audiences.

Upcoming Events

Mark your calendars for the following events occurring within the next few weeks!

Monday, Jan. 28th: FGLI Workshop: Fresh Start (7:30p. - 8:30p.)
Poorvu Center for Teaching and Learning (301 York St), Room M104A (in the second floor) Link

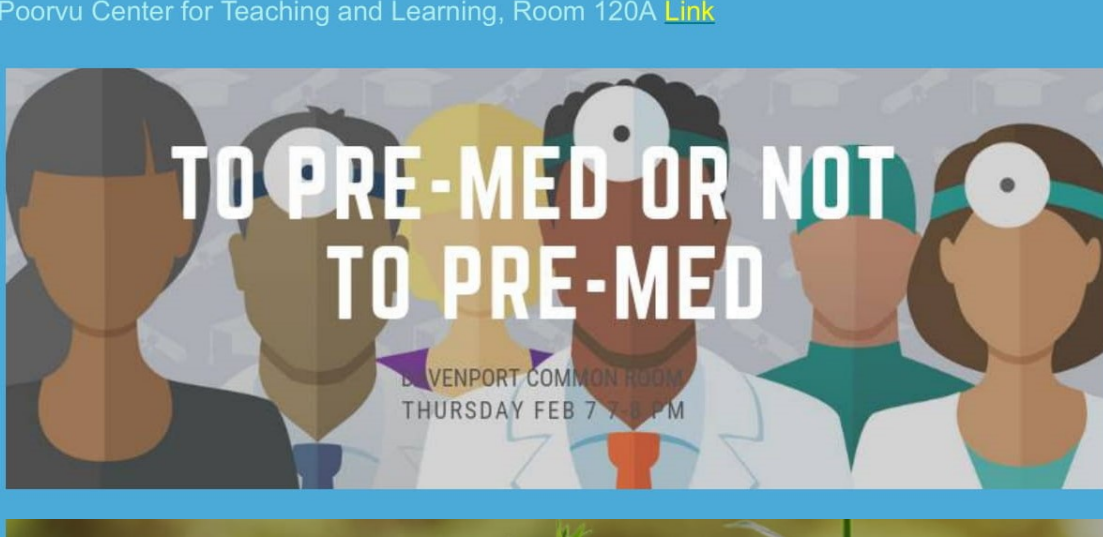
Monday, Jan. 28th: FGLI Study Hall (6:00p. - 10:00p.)
Poorvu Center for Teaching and Learning (301 York St, Room M104A) Link

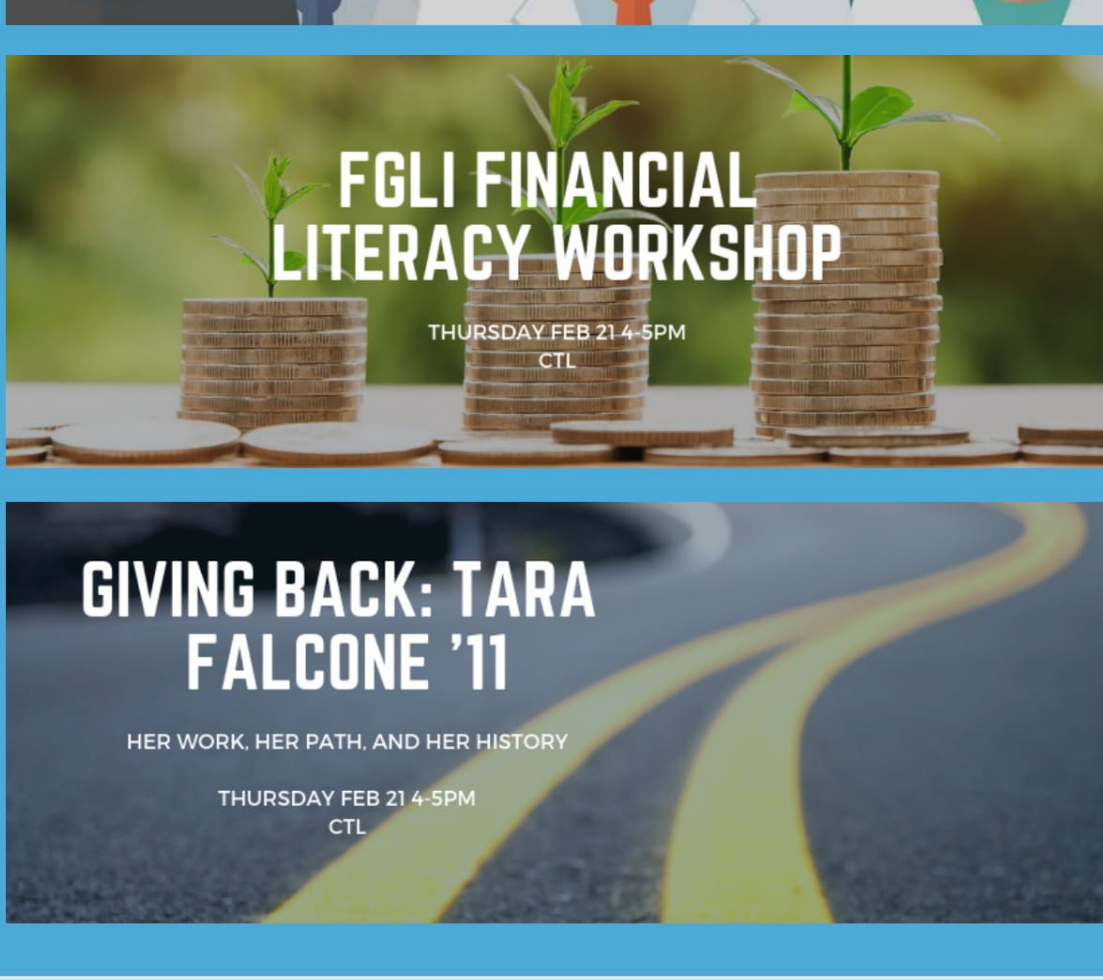
Monday, Feb. 4th: FGLI Faculty & Staff ft. Dean & HOC of Saybrook College (4:00p. - 6:00p.)
Saybrook Head of College House Link

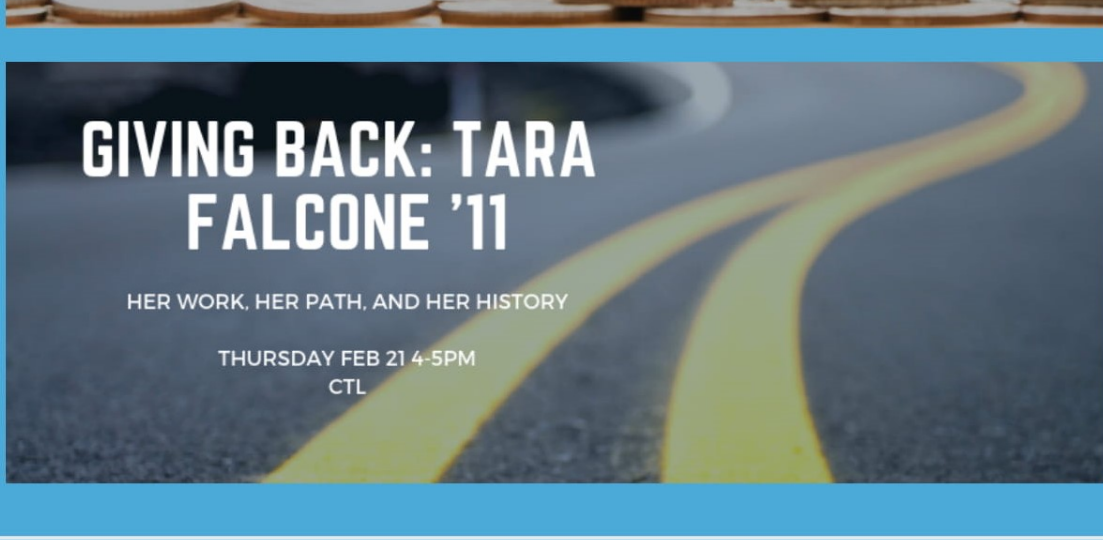
Thursday, Feb. 7th: To Pre-Med or Not to Pre-Med (7:00p. - 8:00p.)
Davenport Common Room Link

Thursday, Feb. 21st: Giving Back: Tara Falcone '11 (4:00p. - 5:00p.)
Poorvu Center for Teaching and Learning, Room 120C Link

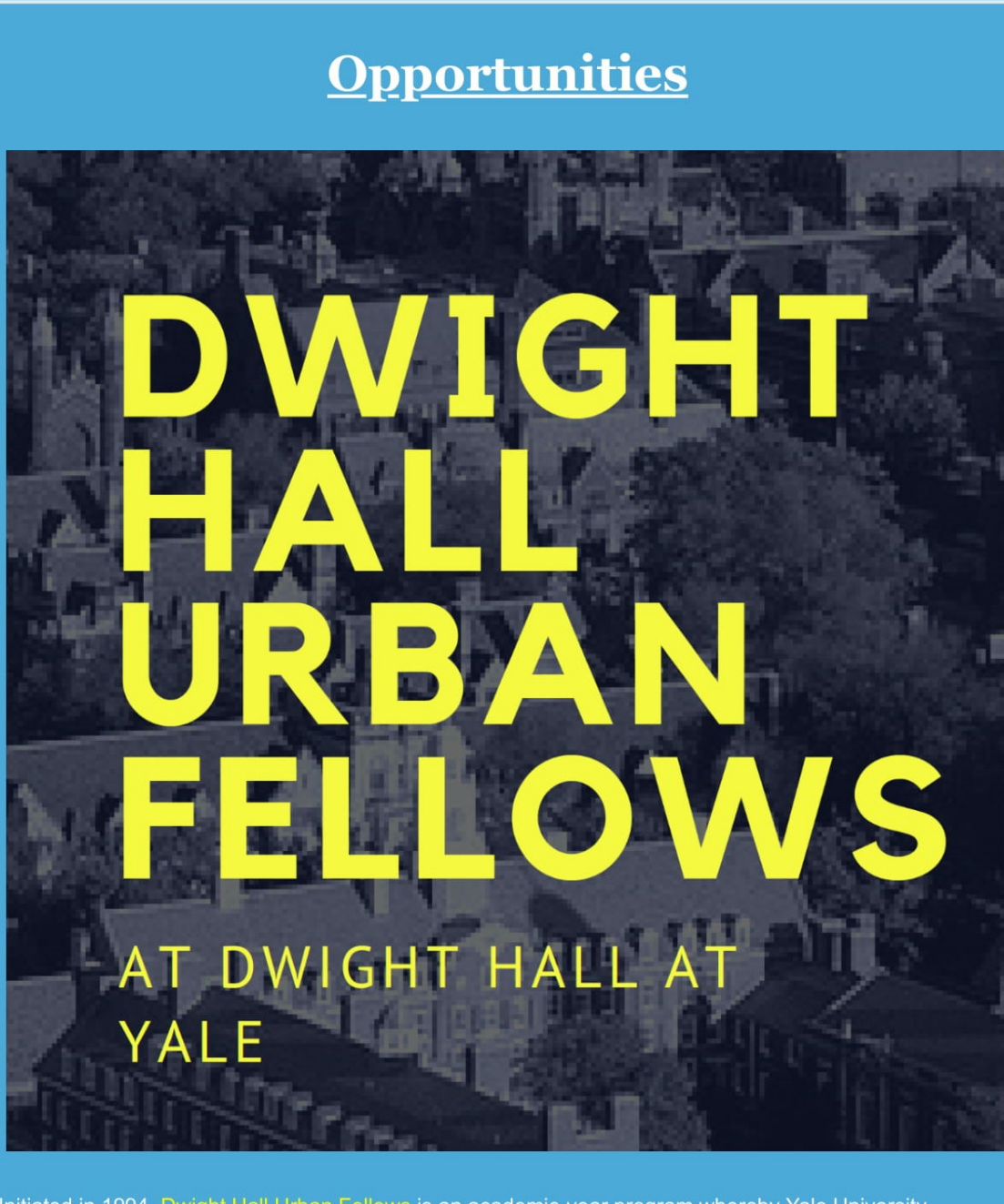
Thursday, Feb. 21st: FGLI Financial Literacy Workshop (7:30p. - 8:30p.)
Poorvu Center for Teaching and Learning, Room 120A Link







Opportunities



Initiated in 1994, Dwight Hall Urban Fellows is an academic-year program whereby Yale University undergraduates gain exposure to today's urban challenges and work with community professionals to find real solutions. Placements seek to uncover and counter urban challenges through neighborhood empowerment, community-building, and economic development.

Urban Fellows dedicate 6-8 hours per week working in either a community organization or government agency, where fellows learn professional skills through direct supervision of existing projects, and build the capacity of their host organization through creation of a unique project designed in collaboration with community partner. In addition to community work, Urban Fellows garner their collective experience through a series of regular community-building activities, such as dinners, speaker series, group service opportunities, and planned reflections with other Fellows.

Applications are due February 6, 2019. Click here to learn more, or email urbanfellows@dwighthall.org.

Summer Research Opportunities in STEM

Yale College Dean's Research Fellowship in the Sciences & Rosenfeld Science Scholars Program

(for current sophomores and juniors)

The Yale College Dean's Research Fellowship and the Rosenfeld Science Scholars Program seek to promote the academic development of promising students through engagement in original scientific research and provide fellowship support for undergraduate STEM research projects. Awardees will be selected from among currently enrolled sophomores and juniors. Applicants may be pursuing a degree in any major offered by Yale College, but must be proposing research in the natural sciences, engineering, mathematics, and computer science.
Applications are due February 21, 2019. Click here to learn more.

Tetelman Fellowship for International Research in the Sciences & the Robert C. Bates Summer Research Fellowship

(for current first-years, sophomores, and juniors)

The Alan S. Tetelman 1958 Fellowships for Study Abroad, from the endowments of Jonathan Edwards College, provide support for original undergraduate research projects abroad in the natural and applied sciences. Currently enrolled first-years, sophomores and juniors are eligible to apply, although *preference is given to sophomores and juniors*. It is expected that applicants will have some previous research experience at Yale or elsewhere.

The Robert C. Bates Summer Research Fellowship supports student STEM-based research projects outside of the continental U.S. that might not otherwise be covered by the Tetelman Fellowship.

Applications are due February 28, 2019. Click here to learn more.

Yale College First-Year Summer Research Fellowship in the Sciences and Engineering

(for current first-years)

The First-Year Summer Research Fellowship program provides support for a summer research experience under the supervision of a Yale faculty member. Applicants are expected to have laid an appropriate foundation through their coursework and to present a well-developed proposal for a research project with substantial pedagogic and scholarly merit. Stipend support of $4,300 is granted for 10 weeks minimum of summer research under the supervision of a Yale University faculty member.

Applications are due March 7, 2019. Click here to learn more.

FSY Counselor and Residential Director Applications

We are now accepting applications for the roles of FSY Counselor and FSY Residential Director (RD) for Summer 2019! The First-Year Scholars at Yale (FSY) is a program for approximately 60 students that provides incoming first-years the opportunity to familiarize themselves with on-campus resources in the company of counselors, staff, and faculty. The Counselor or RD positions provide a great chance to meet the new FSY cohort, take a YSS course for free, develop leadership skills, and continue being involved in the FGLI community. The deadline to submit an application to be an FSY Counselor or FSY Residential Director is Friday, February 8th at 4:00p. and offers will be made the week before Spring Break.

Read the job description of the FSY Counselor position here. *Please note that, new for this year, we will accept applications from current first-year students; however, as always, we will give preference to upper-class students and those with job-related experience.*

Apply to Be an FSY Counselor!

Read the job description of the FSY Residential Director here. *Please note that the FSY RD position is open only to those students who will have finished their undergraduate degree by the time FSY begins at the end of June.*

Apply to Be an FSY Residential Director!

Woodbridge Fellowship

(for current seniors)

The Woodbridge Fellowship is a full-time paid position in the offices of university leader, offering an introduction to the work and administration of Yale. It provides valuable professional experience for potential careers in higher education, particularly for students belonging to minority communities currently underrepresented in university administration.

Participating offices are: Chaplain's Office, Office of the Dean of the Faculty of Arts and Sciences, Office of International Affairs (Africa), Office of International Affairs (Communications and Research), Office of Public Affairs and Communications, Office of Sustainability, Office of the Secretary and Vice President for Student Life, Poorvu Center for Teaching and Learning/ Yale College Dean's Office. (Job descriptions are available on Yale Connect.)

Applications close on February 15, 2019 at 5 p.m. If you have questions about the fellowship or application process, please email Andrew Forsyth, Assistant Secretary for Student Life, andrew.forsyth@yale.edu.

Apply Here!

Spring Salvage

Spring Salvage is an annual resource recovery program coordinated by Yale Recycling and the Office of Sustainability during undergraduate move-out. The program is run in Yale's 14 undergraduate dorms and collects donations of soft items (e.g. clothes, shoes, towels and bedding) and hard items (e.g. chairs, bookshelves, beds, futon frames, and other large items). Work will consist primarily of hauling furniture, room furnishings, and other items discarded by students to specified locations for donation, recycling, and trash.

Spring Salvage will take place over two phases in May*:

- Phase 1: Underclass Move-Out, April 29 – May 12
- Phase 2: Senior Move-Out, May 20 – May 24

**It is possible to work for Spring Salvage in addition to Commencement and/or Yale College Reunions. The Office of Sustainability will work with students to obtain post-term housing as needed.*

To apply, candidates must submit a resume, a one-paragraph statement of interest, and an exam schedule to emma.smith@yale.edu with the subject line "Spring Salvage Program assistant." The deadline to submit is Friday, February 22, 2019, at 5:00pm EST. To see the full job description and to apply, visit the Student Jobs Website and search for the Spring Salvage Program Assistant position (Ref# 15779).

> "Dominator culture has tried to keep us all afraid, to make us choose safety instead of risk, sameness instead of diversity. Moving through that fear, finding out what connect us, reveling in our differences; this is the process that brings us closer, that gives us a world of shared values, of meaningful community."
>
> - bell hooks

First-Generation Low-Income at Yale

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