First-Generation Low-Income at Yale

January 15th, 2018 Vol. 1, Issue 16

Welcome back to campus!

We want to take a second to welcome everyone back to campus for the spring semester and we hope that everyone had a restful past few weeks with family and friends! We know that it can be difficult to transition back, so over the next few weeks, we'll be holding events to help you destress and get back into the groove of things. As always, feel free to reach out to any of the ambassadors if you need help picking class, new clubs to join, or if you need any advice as you're going through Part Two of your year at Yale!

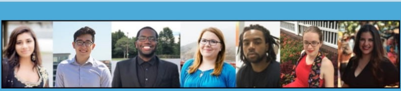
Lastly, make sure to mark your calendars for our hallmark event next week - the FGLI Spring Community Dinner! Join the Community Initiative team at the Center for Teaching and Learning on Thursday, January 24th at 6:30p. for Popeyes and 7:00p. for a discussion. Check our the Facebook event for more details, and RSVP to our form to get a count for food!

SafetyNet

UNEXPECTED FINANCIAL HARDSHIP SUPPORT | Yale College

SafetyNet is a new tool for you all to request funds to meet unexpected financial need. Students in an emergency and who require immediate funding (within 24 hours) can also find guidance on how to seek help. Funds granted through SafetyNet could cover unexpected expenses like emergency medical procedures, travel for family emergencies, unanticipated academic expenses, etc.

In addition, you can request Winter Clothing Grants if you are from an area that typically does not get heavy snow or low temperatures. Winter clothes can be expensive. Apply for the grant, and if approved, come see one of our ambassadors to get some guidance on what to by to stay warm!



Student Ambassador Office Hours

Do you need help picking classes, homework help, or just want to spill tea? Our Student Ambassadors will be holding office hours throughout the week at various locations around campus, prepared with snacks and drinks. Visit/Contact Us!

Samantha Wood - Thursdays from 7:30p-9:30p @ Blue State on York
samantha.wood@yale.edu
Jaster Francis - Wednesdays from 7p-9p @ Bass L-30D
jaster.francis@yale.edu
Markus Reneau - Thursdays from 1p-3p @ Bass Café
markus.reneau@yale.edu
Henry Rosas - Thursdays from 7:00p-9:00p @ Book Trader
henry.rosasibarra@yale.edu
Diana López - Fridays from 9a-11a @ JoJo's Coffee
diana.lopez@yale.edu
Fatima Chughtai - Tuesdays from 9p-11p @ Donut Crazy
fatima.chughtai@yale.edu

Student Shoutout!

To kick off the semester, we are shouting out one of our most enthusiastic and supportive members this year: Jewel Moore (TC '21)! Jewel first got involved with Questbridge after meeting a fellow Questbridge finalist in her FroCo group, (she is now her suitemate!) and together they joined A Leg Even. She was also a mentor through REACH her first year, and this year she is a member of the organizing team for YHack and an active participant in FGLI community events.

When asked about her involvement Jewel shares "I want to be part of building the FGLI community here at Yale as well as, hopefully, establishing a(n) FLGI center on campus. I also participate in Questbridge, La Casa, and NACC sponsored events. I have met so many amazing friends and made connections in the FGLI community. My FGLI background has inspired me to be an advocate for others from my community and communities like mine so that I may allow their voices to be heard and, hopefully, give them the same opportunities that I have had and continue to have at Yale. I recognize that being at Yale does give me privileges that I can now use to empower these communities, and I have declared Anthropology because I hope to continue to empower underrepresented communities. Being FGLI has shaped who I am in so many ways, and I am proud to be part of such an amazing community."

Than you for your support and energy, Jewel - it means so much to us and everyone you're lifting up!

Do you have a friend that is doing cool stuff on campus and want to give them recognition in our newsletter? Let us know! Every week – we try to highlight the amazing stuff that our community is doing and we need your help! If you have someone in mind, fill out the Google form below!

Click Here!

the First-Generation Low-Income at Yale website

We are happy to announce the launch of the FGLI Yale College website! Go to fgli.yalecollege.yale.edu to access key resources for FGLI students of all ages.

Some of the resources include:

- A **financial guide** with advice on understanding your aid, approaching student jobs, and saving money
- **Services** planned for the future (e.g. Community Dinners during break, Career Closet, etc.)
- **Centralized career & academic-related resources** - including diversity-seeking opportunities made with FGLI students in mind
- Information on **planned programming** (discussion and workshop series) and **student groups** for students seeking to get involved

Visit the Website

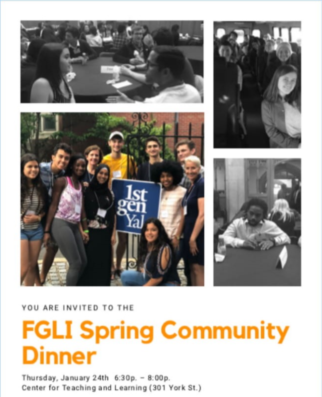
Upcoming Events

Mark your calendars for the following events occurring within the next few weeks!

Thursday, January 24th: FGLI Spring Community Dinner (6:30pm) - Center for Teaching and Learning - Link

Thursday, January 24th: Yale Alumni Webinar: Overcome Money Insecurities to Build a Bright Financial Future (12:00 - 1:00pm) - Online, Registration Link

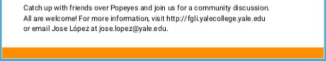
Signature Events



YOU ARE INVITED TO THE

FGLI Spring Community Dinner

Thursday, January 24th 6:30p. – 8:00p.
Center for Teaching and Learning (301 York St.)


Catch up with friends over Popeyes and join us for a community discussion.
All are welcome! For more information, visit http://fgli.yalecollege.yale.edu
or email Jose López at jose.lopez@yale.edu.

Hello FGLI friends, and welcome back! On behalf of the FGLI Community Initiative team, we'd like to extend an invitation to you to our FGLI Community Dinner for the spring semester for good food and, of course, wholesome company. Catch up with your FGLI friends at 6:30p. over Popeyes, and join us over a community discussion 7:00p. How was your break? How are you feeling coming back? What are some of your goals in mind for this second half of the year? We'd love to know, as well as share some of our advice for refocusing and starting strong, and also give you a sneak preview into what our team has in store for the semester.

Please fill out this RSVP form by Sunday, January 20th so that we can order enough food – and have your friends RSVP too! We look forward to seeing your beautiful faces again.

Academic Strategies

The first few weeks of class are a great time to meet with our Academic Strategies Peer Mentors. During your 1-1 session, you can:

Create a weekly schedule to help manage your time and get things done

Set academic and professional goals and identify ways to meet them

Identify challenges and develop strategies to enhance your approach to your academic work

Before January 27, email academicstrategies@yale.edu to set up an appointment. After January 27, sign up for an appointment via our online scheduler.

Upcoming Workshops

Cultivating Faculty Mentors/Recommendations
Tuesday, January 22, 6:00 PM, CTL M104A
Initiate conversations, ask for assistance, request recommendations, and build mentoring relationships with Yale faculty, teaching fellows and staff.

Time Management
Tuesday, January 22, 7:30 PM, CTL M104A
Set priorities and develop a weekly schedule that can lead to an active and balanced academic life.

Managing a Heavy Reading Load
Wednesday, January 23, 6:00 PM, CTL M104A
Feeling overwhelmed by piles of reading? Learn some essential strategies to make the most of your limited reading time. Have less stress and create more free time!

Creating a Timeline for Your Senior Thesis
Wednesday, January 23, 7:30 PM, CTL M104A
Learn how to plan your writing and research, and how to access support resources for your senior thesis. (For full-year and 1-semester senior thesis writers, and juniors planning for the following year.)

Procrastination: How to Work Through It
Thursday, January 24, 6:00 PM, CTL M104A
Everyone procrastinates—but how do you keep your procrastination to a minimum, especially at times of high stress? This workshop helps you identify what triggers procrastination and suggests approaches that can help you work through it and re-engage with your assignments.

Opportunities!

Woodbridge Fellowship

Yale College seniors are invited to apply for 2019–20 Woodbridge Fellowships. Application is through Yale Connect, here!

A fellowship is a full-time paid position in the offices of university leader, offering an introduction to the work and administration of Yale. It provides valuable professional experience for potential careers in higher education, particularly for students belonging to minority communities currently underrepresented in university administration.

Participating offices are: Chaplain's Office, Office of the Dean of the Faculty of Arts and Sciences, Office of International Affairs (Africa), Office of International Affairs (Communications and Research), Office of Public Affairs and Communications, Office of Sustainability, Office of the Secretary and Vice President for Student Life, Poorvu Center for Teaching and Learning/ Yale College Dean's Office. (Job descriptions are available on Yale Connect.)

Applications close on February 15, 2019 at 5 p.m. If you have questions about the fellowship or application process, please email Andrew Forsyth, Assistant Secretary for Student Life, andrew.forsyth@yale.edu

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American Voices Project

AMERICAN VOICES PROJECT
LISTEN
to the voices of America
LEARN
from the country's top scholars
MAKE
a difference

This is a fellowship for graduating seniors that is offered through the American Voices project, a project that will start with a fact-finding census of 200 rural, suburban, and urban communities. This will encompass about 5,000 individuals across the country to understand their successes and struggles, their hopes and dreams, and their ideas for making our country work better.

The fellowship is over the span of a year that will include: training for the summer of 2019, fieldwork, and a data science institute in the summer of 2020. Interested applicants can find more about it HERE.

The Greenlining Institute

Founded in 1993, The Greenlining Institute is a policy, research, organizing, and leadership institute working for racial and economic justice. Click here to learn more about the Greenlining Institute, and check out some of the opportuntes for seniors below!

Fellowship Programs – The Fellowship Programs consist of the Policy Fellowship and Legal Fellowship. The Fellowship Programs are year-long programs for young leaders who are seeking hands-on policy advocacy experience, leadership training, and personal and professional growth. We seek individuals who are committed to equity and justice for communities of color. We recruit Policy Fellows who have completed at least an undergraduate degree and Legal Fellows who are recent law school graduates.

Summer Associate Program – The Summer Associate program is an intensive 10-week training program for young leaders who want to gain hands-on policy experience and invest in their personal and professional growth. Through leadership development and experiential learning, we seek to instill participants with the skills, confidence, and social networks to become effective advocates. An undergraduate degree is required.

Casa Residency – Founded in 1970 by Chicano/Latino students, Casa is a multi-ethnic residential leadership program for students attending UC Berkeley, committed to fostering academic success and cross-racial understanding among participating students.

Job Opportunity with Lusk and Kings Labs

The Lusk and King labs are recruiting curious, self-motivated graduating seniors interested in building their research skills and experience to join our interdisciplinary team as postbaccalaureate associates. Successful applicants will take on projects related to one or more of the following topics: 1) Mechanisms governing nuclear envelope integrity and repair in mammalian cells; 2) Mechanotransduction through the LINC complex and nuclear lamina in cells and tissues; 3) Defining the impacts of nuclear subcompartments and chromatin modifications on genome integrity; and 4) Dissecting the mechanisms that underlie genome organization and dynamics. Initial 1 year commitment with the possibility of staying on for a 2nd year. If interested, please email Megan King (megan.king@yale.edu) your resume/CV and a short explanation of why you are interested in the position. Find out more about our team here!

> "Dominator culture has tried to keep us all afraid, to make us choose safety instead of risk, sameness instead of diversity. Moving through that fear, finding out what connect us, reveling in our differences; this is the process that brings us closer, that gives us a world of shared values, of meaningful community."
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> - bell hooks

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