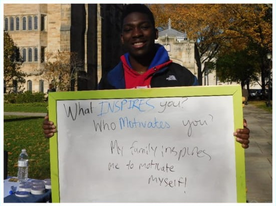
First-Generation Low-Income at Yale

1st gen Yal
FSY
YALE

November 13th, 2018 Vol. 1, Issue 11

What INSPIRES you?
Who Motivates you?
Making positive changes to the Yale community
My fellow students

What INSPIRES you?
Who MOTIVATES you?
The successful first-gen low income students who came before me
First-Generation Low-Income at Yale


What INSPIRES you?
Who Motivates you?
My family inspires me to motivate myself!

Self Care and Prioritizing Ourselves

Happy Monday everyone! One. More. Week.

We hope that things are starting to wind down as we are about to head into the next break of the year. In the spirit of break – we'll be holding our last workshop of the semester on Self Care at the Silliman Wellness Center on the 4th Floor from 7-8PM this THURSDAY! Come learn about different methods and the importance of self-care within the FGLI community that you can hopefully take home and show your people back home. In the meantime, we hope to see you during Study Hall or in Ambassador Office Hours and please don't hesitate to reach out to us if you need anything!

THE
FIRST-GENERATION LOW-INCOME INITIATIVE AT YALE
COMMUNITY INITIATIVE

self care

THURSDAY, NOVEMBER 15TH 7-8PM
THE GOOD LIFE CENTER

JOIN THE FGLI AMBASSADORS AND TRACY GEORGE FROM THE GOOD LIFE CENTER FOR A DISCUSSION ON WELLNESS AND SELF CARE WITHIN THE FGLI COMMUNITY. THE DISCUSSION AND ACTIVITIES WILL CENTER AROUND PRIORITIZING OUR HEALTH, ESPECIALLY EMOTIONAL AND MENTAL, OVER SCHOOL WORK. WE WILL BE TALKING ABOUT THESE CONCEPTS IN THE CONTEXT OF FGLI STUDENTS TO THINK ABOUT BEST PRACTICES SURROUNDING THESE CHALLENGES.

SafetyNet

UNEXPECTED FINANCIAL HARDSHIP SUPPORT | Yale College

SafetyNet is a new tool for you all to request funds to meet unexpected financial need. Students in an emergency and who require immediate funding (within 24 hours) can also find guidance on how to seek help. Funds granted through SafetyNet could cover unexpected expenses like emergency medical procedures, travel for family emergencies, unanticipated academic expenses, etc.

In addition, you can request Winter Clothing Grants if you are from an area that typically does not get heavy snow or low temperatures. Winter clothes can be expensive. Apply for the grant, and if approved, come see one of our ambassadors to get some guidance on what to by to stay warm!

Student Ambassador Office Hours

Do you need help picking a club to join, homework help, or just want to spill tea? Our Student Ambassadors will be holding office hours throughout the week at various locations around campus, prepared with snacks and drinks. Visit/Contact Us!

Maddy O'Neal - Sundays from 2-4PM @ Stiles Buttery
madison.oneal@yale.edu
Samantha Wood - Thursdays from 7:30-9:30PM @ Blue State on York
samantha.wood@yale.edu
Jaster Francis - Wednesdays from 7-9PM @ Bass L-30D
jaster.francis@yale.edu
Markus Reneau - Thursdays from 1-3PM @ Bass Café
markus.reneau@yale.edu
Henry Rosas - Thursdays from 6:30-8:30PM @ Book Trader
henry.rosasibarra@yale.edu
Diana López - Fridays from 9-11AM @ JoJo's Coffee
diana.lopez@yale.edu
Fatima Chughtai - Tuesdays from 9PM-11PM @ Donut Crazy
fatima.chughtai@yale.edu

Student Shoutout!

Do you have a friend that is doing cool stuff on campus and want to give them recognition in our newsletter? Let us know! Every week – we try to highlight the amazing stuff that our community is doing and we need your help! If you have someone in mind, fill out the Google form below!

Click Here!

the First-Generation Low-Income at Yale website

We are happy to announce the launch of the FGLI Yale College website! Go to fgli.yalecollege.yale.edu to access key resources for FGLI students of all ages.

Some of the resources include:

- A **financial guide** with advice on understanding your aid, approaching student jobs, and saving money
- **Services** planned for the future (e.g. Community Dinners during break, Career Closet, etc.)
- **Centralized career & academic-related resources** - including diversity-seeking opportunities made with FGLI students in mind
- Information on **planned programming** (discussion and workshop series) and **student groups** for students seeking to get involved

Visit the Website

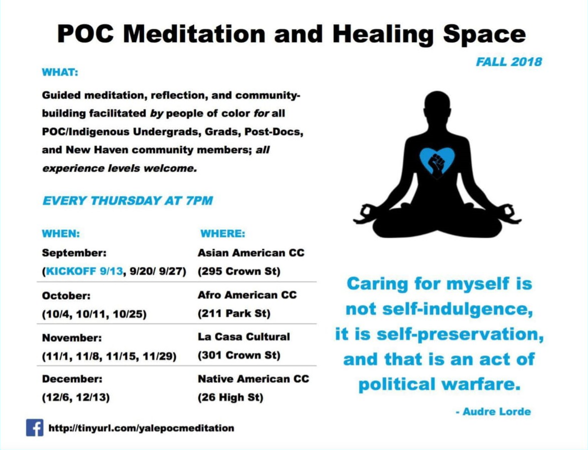
Upcoming Events

Mark your calendars for the following events occurring within the next few weeks!

Monday, Nov. 12: FGLI Study Hall (6:00p - 10:00p) - Center for Teaching and Learning (301 York St.), Room 121

Thursday, Nov. 15th: Self Care Night! (7:00pm - 8:00pm) - The Good Life Center (Silliman College), Fourth Floor. FB Link

Thursday, Nov. 15th: POC Meditation (7:00pm - 8:00pm) - La Casa Cultural (301 Crown St.), FB Link



POC Meditation and Healing Space

FALL 2018

WHAT:

Guided meditation, reflection, and community-building facilitated *by* people of color *for* all POC/Indigenous Undergrads, Grads, Post-Docs, and New Haven community members; *all experience levels welcome.*

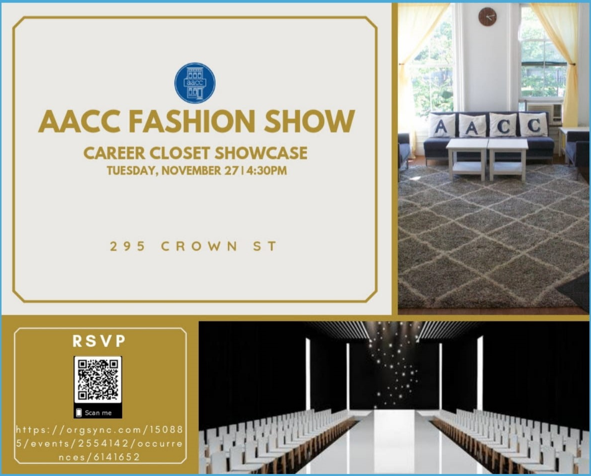
EVERY THURSDAY AT 7PM

WHEN:	WHERE:
September: **(KICKOFF 9/13, 9/20/ 9/27)**	**Asian American CC** **(295 Crown St)**
October: **(10/4, 10/11, 10/25)**	**Afro American CC** **(211 Park St)**
November: **(11/1, 11/8, 11/15, 11/29)**	**La Casa Cultural** **(301 Crown St)**
December: **(12/6, 12/13)**	**Native American CC** **(26 High St)**

http://tinyurl.com/yalepocmeditation

> **Caring for myself is not self-indulgence, it is self-preservation, and that is an act of political warfare.**
>
> **- Audre Lorde**

Heads Up...



AACC FASHION SHOW

CAREER CLOSET SHOWCASE

TUESDAY, NOVEMBER 27 | 4:30PM

295 CROWN ST

RSVP

Scan me

https://orgsync.com/150885/events/2554142/occurrences/6141652

The Asian American Cultural Center is partnering with the FGLI Community Initiative to showcase the **new** establishment of the Career Closet through the **AACC Fashion Show**! The Career Closet, housed at the AACC (295 Crown St.), will stock donated formal clothes for students to borrow for up to one week for anything from interviews to formal events. Come see what's available for students to borrow while also seeing your FGLI friends ***stunt some looks!***

However...

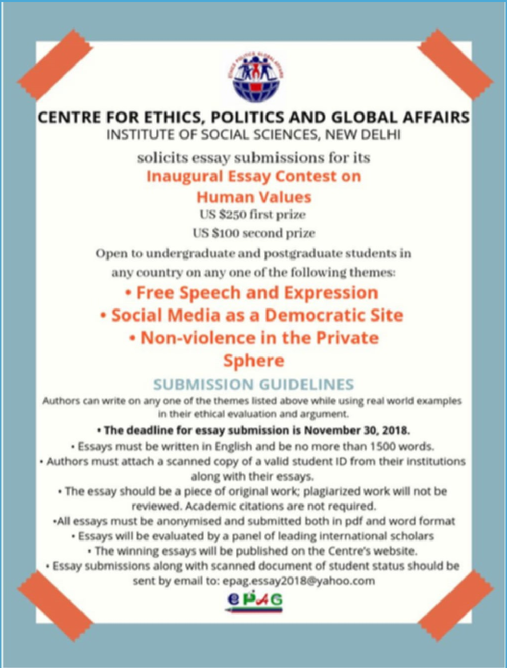
WE NEED VOLUNTEERS!

We need YOUR HELP to make this event happen! If you are free on the afternoon of Tuesday, November 27, please fill our this Volunteer Form to let us know your sizes. We'll be collecting responses until this Friday, November 16, so share with your friends! Gift cards of up to $100 will be raffled to volunteers!

Opportunities

Interested in helping low-income, high-achieving high school students get into the nation's best colleges? Interested in educational justice and college access? If so, **apply to be an Advising Fellow with Matriculate**! Fill out an interest form to receive further details about how to apply. Reach out to e.richards@yale.edu with questions. Learn more about Matriculate here.

Essay Contest!



CENTRE FOR ETHICS, POLITICS AND GLOBAL AFFAIRS
INSTITUTE OF SOCIAL SCIENCES, NEW DELHI

solicits essay submissions for its
Inaugural Essay Contest on
Human Values
US $250 first prize
US $100 second prize

Open to undergraduate and postgraduate students in any country on any one of the following themes:

- **Free Speech and Expression**
- **Social Media as a Democratic Site**
- **Non-violence in the Private Sphere**

SUBMISSION GUIDELINES

Authors can write on any one of the themes listed above while using real world examples in their ethical evaluation and argument.

- **The deadline for essay submission is November 30, 2018.**
- Essays must be written in English and be no more than 1500 words.
- Authors must attach a scanned copy of a valid student ID from their institutions along with their essays.
- The essay should be a piece of original work; plagiarized work will not be reviewed. Academic citations are not required.
- All essays must be anonymised and submitted both in pdf and word format
- Essays will be evaluated by a panel of leading international scholars
- The winning essays will be published on the Centre's website.
- Essay submissions along with scanned document of student status should be sent by email to: epag.essay2018@yahoo.com

ePAG

FUTURE
GLOBAL
LEADERS
FELLOWSHIP
Where Merit Trumps Privilege
Apply from November 1st, 2018
to January 31st, 2019
futureleaders.org

Future Global Leaders Fellowship

FIRST YEARS – We invite you to apply to the Future Global Leaders (FGL) Fellowship, an internationally competitive program for first generation and low-income students. FGL Fellows become life-long Members of the Fortis Society – the world's first elite network based exclusively on merit – upon completion of the Fellowship.

Eligibility

Applicants must be first-year undergraduate students and:

(1) Have a strong desire to join the Fortis Society

(2) Be the first in their families to attend university and/or low-income students

(3) Have a track record of academic excellence and leadership

(4) Have limitless global ambition

Apply Here!

Job Opening at the Center for Teaching and Learning!

Looking for a job this school year? The CTL is looking for an undergraduate student to work at our front desk reception area any day of the week, Monday through Friday from 8:30a to 11:30a.
If you can do more than one day of the week, that would be ideal, but not mandatory.

If you are interested, please email Ronice Awundu at ronice.awudu@yale.edu or apply on the student job site. It is expected that students work between 10-15 hours a week at $13.25

TSAI
CENTER for
INNOVATIVE
THINKING at
YALE

La Casa, the Center for Latin American and Iberian Studies, and Tsai CITY have partnered to launch the Critical Innovation Fund: five $1,500 awards for teams with the strongest proposals for innovative approaches to pressing immigration challenges in America.

Teams can apply with any idea — an event, a movement, an educational campaign, a technological innovation, a storytelling project, a work of art — that addresses current immigration challenges. We welcome interdisciplinary teams from across Yale and New Haven; teams must include at least one current Yale student. Preference will be given to teams who have lived experience with the challenge they choose to address, and teams who are focusing on local and New Haven-based issues. Ready to submit your idea? Apply here by 11:59pm on November 15. Read about the details on the fund in this YDN article.

And don't forget - Tasi CITY's and the AACC's Arts & Media Innovation Awards project proposals are due this Thursday, November 1st!

Student Grants for Diversity, Equity, Inclusion, and Belonging

The Office of the Secretary and Vice President for Student Life invites applications for Student Grants for Diversity, Equity, Inclusion, and Belonging.

All Yale University students and student organizations may submit grant applications for programs that promote a sense of belonging and community at Yale. The program, event, or speaker should educate our community about challenges to inclusion on our campus and in society; facilitate the exchange of viewpoints on topics related to diversity, equity, and inclusion; and/or celebrate examples of excellence and achievement. Collaboration among students and student organizations is encouraged in the preparation of proposals.

Grants will generally be no greater than $1500. Applications are accepted on a rolling basis, using the form below, with closing dates of October 22 and November 26, 2018, and January 28 and March 4, 2019.

Apply Here

> "Dominator culture has tried to keep us all afraid, to make us choose safety instead of risk, sameness instead of diversity. Moving through that fear, finding out what connect us, reveling in our differences; this is the process that brings us closer, that gives us a world of shared values, of meaningful community."
>
> - bell hooks

First-Generation Low-Income at Yale